Title of the program

Applied Nutrition and Dietetics
- **Clinical Dietetics**
- **Nutrition and Exercise**

(Master)

Coordinator: Dr Stavrie Chrysostomou

Compulsory basic courses (12credits/30 ECTS)		**Instructors/Curriculums**
MND601	Research Methodology	Andria Hatzikou
MND602	Biostatistics and Epidemiology	Konstantinos Giannakou
MND603	Special issues in nutrition and nutritional assessment through the life cycle	Ioannis Manios Kalliopi Karatzi
Direction compulsory courses (credits:9, ECTS:30) Students will register in all of the courses of the (one) direction of which they will choose **Direction "Clinical Dietetics"**		
MND604	Special Issues in clinical dietetics and nutrition in adults	Stavrie Chrysostomou
MND605	Special Issues in clinical dietetics and nutrition in children and adolescence	Ioannis Manios Spyros Kanellakis Odysseas Androutsos
MND606	Prevention and treatment of obesity and associated diseases	Ioannis Manios Kalliopi Karatzi Odysseas Androutsos
Direction «Nutrition and Exercise»		
MND607	Special issues in ergophysiology and exercise biochemistry	George Panayiotou Anastasios Theodorou
MND608	Nutrition of athletes and champions	Vasilis Mougios
MND609	Nutrition and exercise for disease prevention and treatment	Ioannis Manios George Panayiotou
Direction elective Courses (3 credits / 10 ECTS) Students will register in one of the elective courses of the direction of which they had chosen **Direction «Clinical Dietetics»**		
MND610	Implementation of behavioral theories and counseling to regulate the energy balance	Elena Hadjimbei

MND611	Ergometry and assessment of physical fitness in health and disease	George Panayiotou
MND612	Interactions of genes diet and exercise.	Anastasios Theodorou Irene Tzanetakou
MND613	Design and preparation of hospitalized diets.	Kalliopi Karatzi
Direction «Nutrition & Exercise»		
MND610	Implementation of behavioral theories and counseling to regulate the energy balance	Elena Hadjimbei
MND611	Ergometry and assessment of physical fitness in health and disease	George Panayiotou
MND612	Interactions of genes diet and exercise.	Irene Tzanetakou Anastasios Theodorou
MND606	Prevention & treatment of obesity and associated diseases	Ioannis Manios Kalliopi Karatzi
Direction "Clinical Dietetics" (Credits: 6, ECTS: 20) Students choose one of the following: a) Diploma Thesis or b) TWO Elective Courses from the list of Elective courses of the direction in "Clinical Dietetics" or c) Practice in Clinical Dietetics (1080 Hours)		
HEA620	Thesis	Stavrie Chrysostomou
or Choose two courses as follows:		
HEA621	Quantitative Research Approaches in Health Sciences **or**	Klea Panayidou
HEA622	Qualitative Approaches to Research in Health Sciences	TBA
AND		
	Choose (1) Elective Course from the list of the selective courses for the direction of "Clinical Dietetics" that has not been selected.	TBA
or		
MND614	Practice in Clinical Dietetics [1]	TBA
Direction «Nutrition & Exercise» Students choose one of the following three: a) Diploma Thesis or b) TWO Elective courses from the list of the direction in "Nutrition and Exercise"		
HEA620	Diploma Thesis	Stavrie Chrysostomou

or Choose two courses as follows**:**		
HEA621	Quantitative Research Approaches in Health Sciences **or**	Klea Panayidou
HEA622	Qualitative Approaches to Research in Health Sciences	TBA
AND		
	Choose (1) Elective Course from the list of the elective courses from the direction of "Nutrition and Exercise" that has not been selected.	

[1] Full time: 40 hours per week χ 27 weeks = 1080 hours
Part time: 20 hours per week χ 54 weeks =1080 hours

Note: After completing the Master's program and selecting and completing the "Practice in Clinical Dietetics" (MND614), students will meet the criteria for registration in the Registration Board for Food Scientists / Technologists and Dietitians of Cyprus and will be able to work as Clinical Dieticians.