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|  | <h2 style="color: purple;">Guidance Protocol for students with COVID-related symptoms</h2> | |
| | <p>Document number based on ISO 45001:2018: HSE.3.PP.2/G18</p> <p>Updated: 24/09/2021</p> |  |

Although COVID-19 may cause various symptoms, the most common symptoms are a combination of:

- Fever > 37.3°C
- Headache
- Cough
- Dyspnea / Chest heaviness
- Myalgias/Arthralgias
- New-onset fatigue
- Smell and/or taste disturbances
- Gastrointestinal symptoms (eg.nausea, vomiting, diarrheas)

Students who develop such symptoms or suspect that they might have coronavirus disease should apply the following steps:

1. Stay in quarantine (ideally at home) and avoid any physical contacts.
2. Inform your course instructor and ask to be excused of the class.
3. Call your doctor and ask for medical advice and whether you should be tested for COVID-19.

Important Note: *International or Erasmus or other students who might not have a personal doctor can send an email with all necessary information to Dr. Constantinos Tsioutis, Internal Medicine specialist (k.tsioutis@euc.ac.cy) who will guide them accordingly.*

4. Based on your doctor's suggestion, you will be either referred for testing for COVID-19 **and/or** stay in quarantine for the whole duration of your symptoms.
5. If your doctor does not refer you for a COVID-19 test **or** if your test is negative, you are highly recommended to stay in quarantine for the whole duration of your symptoms. Your attendance to your courses will continue online.
6. If your test comes out positive, the HSE & Security Specialist of the University should be informed accordingly (**Mr. Michalis Mavros m.mavrou@euc.ac.cy, 22559580**).
7. Suspected and confirmed cases should consult the **«EUC. 9. Safety Protocol for handling COVID-19 cases»**

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Useful terms while investigating COVID-19 cases:

The below terms are useful to every student and staff member in the campus for avoiding any confusion or conflict in our efforts to handle on time and correctly every single case related to COVID-19:

1 Confirmed COVID-19 case:

A person who has tested positive to COVID-19 must take medical advice, self-isolate and if they feel well enough, can continue their lessons online (special arrangements will be made for the lab courses by the instructors' responsibility). They can have access to EUC premises once they get the all-clear by the medical authorities and their personal doctor has provided written confirmation that they can return to class.

2 A primary contact:

A primary contact is classified by the protocols as someone who has been in close contact (**less than 2m for more than 15 minutes or for a total of 15 minutes within 24 hours**, has had direct exposure to bodily fluids or has been in a closed space) with a **confirmed COVID-19 case**. If a person is a primary contact, they need to self-isolate for two weeks **even if they test negative**. Should they test positive during this period then they become a confirmed case as per point 1.

3 A secondary contact:

A secondary contact is classified as someone who has been in contact with a **primary contact**. If a person is a secondary contact, they should monitor themselves for symptoms but may continue routine as normal. If their primary contact is confirmed as positive for COVID-19, then they themselves become a primary contact and should self-isolate as per point 2.