



European  
University Cyprus

# Orientation 2022





**MONDAY 19 SEPTEMBER**

**Welcome to EUC!**

09:00 – 09:30

Venue: Cultural Center (North Building, 1st floor)

Ms. Eleni Markantoni, Director of the Office of Student Affairs (OSA), welcomes you to the EUC family and highlights the services and resources that will help you make the most of this new chapter in your life.

**University Rector's Welcome**

09:30 – 09:40

Venue: Cultural Center (North Building, 1st floor)

University Rector, Professor Andreas Efstathiou, welcomes you to one of the leading and most dynamic universities in Cyprus and the region. You will gain a big-picture view of the university and its achievements as you become part of this vibrant and diverse community. Learn how your studies at EUC will equip you with the skills, knowledge and experience to compete in today's international market and workplace where innovation and analytical thinking are critical.

**Welcome from the Vice-Rector of Academic Affairs**

09:40 – 10:00

Venue: Cultural Center  
(North Building, 1st floor)

Professor Loizos Symeou, Vice-Rector of Academic Affairs, will present the strengths that EUC offers you in its educational processes and student support services through your school, department and program. You will learn about the academic practices that add value to your learning experience at EUC and how these positively differentiate EUC from other universities in Cyprus and the region.

**READY-SET-GO  
Start making friends on campus!**

10:00 – 11:30

Venue: Cafeteria (West Block Building, ground floor)

University means a new beginning and forming new friendships.

In this workshop, you will get to know your fellow students through interactive and fun activities!



**Break**

11:30 – 12:00

Venue: Cafeteria (West Block Building, ground floor)

Enjoy musical program performed by the EUC Music Club. Snacks and drinks will be offered to everyone!



**KYU (#KnowYourUniversity)**

Venue: Cultural Center (North Building, 1st floor)

12:00 – 12:30

**Be Part of Our World: Discover Student Life**

12:30 – 12:40

**Get to Know Your Student Union**

12:40 – 12:50

**Get Fit @ New Life Health Centre for EUC Students**

12:50 – 13:00

**GOEUC! Athletics at EUC**

13:00 – 13:30

**Career Center – Take Charge of Your Future**

Learn about the many ways the Office of Student Affairs supports your success outside the classroom to help you thrive at EUC and beyond. Find out about the opportunities to enhance your student life through clubs, societies, sports, gym facilities and the Student Union. In addition, the Career Center will show you the path to reach professional success.



Make the Most  
of Your Student  
Life @EUC!

## TUESDAY 20 SEPTEMBER

### KYU (#KnowYourUniversity)

Venue: Cultural Center (North Building, 1st floor)

09:00 - 09:15

**Course Registration & Advising.**

**What you need to know to register for classes**

09:15 - 09:30

**ERASMUS+ Information**

Find out how the Student Advising Center and your personal academic advisor will assist you in preparing your timetable and registering for classes. In addition, you will hear from the EUC Erasmus Office about all of the exciting student exchange opportunities in Europe.



### Meet your School & Student Representatives!

09:30 - 11:00

#### • School of Sciences

Venue: Cultural Center (North Building, 1st floor)

#### • School of Business Administration

Venue: Auditorium Beta (North Building, 1st floor)

#### • School of Law

Venue: Auditorium Delta (North Building, 1st floor)

#### • School of Humanities, Social and Education Sciences

Venue: Auditorium Alpha (North Building, 1st floor)

#### • Cyprus College

Venue: Omega Conference (North Building, 1st floor)

A university is made up of a group of "schools". Attend the presentation of the school to which your program belongs to get a full perspective of your new environment. Following, you will get to know the student representatives of your school, be aware of their role and learn the benefits of having such representation. Additionally, student reps will answer any of your questions—from getting your EUC student card to accessing the digital learning platform and anything in between.



### Break

11:00 – 11:30

Venue: Cafeteria (West Block Building, ground floor)

Student representatives will be available for you to chat one-on-one.



### Campus Tour: Starting Point EUC Cafeteria

11:30 - 12:30

Venue: Cafeteria (West Block Building, ground floor)

Student assistants will give you a tour of campus facilities.







WEDNESDAY 21 SEPTEMBER

Student Wellness

09:00 – 09:15

Venue: Cultural Center (North Building, 1st floor)

Part 1: Find out how you are supported and empowered by the Center of Applied Psychology and Personal Development (KEPSYPA) services.

Part 2: Learn how the EUC Committee for Students with Special Educational Needs can support you during your studies.

A Diamond in your Disadvantages

09:15 – 09:40

Venue: Cultural Center (North Building, 1st floor)



Mr. Aaron Golub, Inspirational Speaker (first legally blind athlete to play football in a 1<sup>st</sup> Division game) Financial Advisor at Morgan Stanley, will share his experiences in overcoming adversity and inspire you to turn disadvantages into advantages.

Academic Success: How to Study Effectively

09:40 – 10:00

Venue: Cultural Center (North Building, 1st floor)

Gain useful tips and methods to help you achieve the best possible academic results and a lifetime love of learning and knowledge.



Stress Management, Quality of Life & Academic Success

10:00 – 10:50

Venue: Cultural Center (North Building, 1st floor)

This presentation will help you be aware of methods of coping with stressful situations that are part of all of our lives. You will learn tips and practical advice on how to turn stress into a better quality of life.

Eat Well to Stay Well

10:50 – 11:20

Venue: Cultural Center (North Building, 1st floor)

Dr. Stavri Chrysostomou, Vice-Chairperson and Assistant Professor of the Nutrition and Dietetics Program will present simple ways you can develop sustainable healthy behaviors while coping with student life—starting by embracing healthy eating habits!



Break

11:20 – 12:50

Venue: Cafeteria (West Block Building, ground floor)

Enjoy a fresh and healthy smoothie while connecting with new friends.



Zero Road Fatalities ....Our Goal

12:50- 13:30

Venue: Cultural Center (North Building, 1st floor)

The aim of the Presentation is to reflect and raise public awareness of road safety issues. Road safety is everyone's responsibility!

Try out simulation glasses to experience how one's driving is impaired by drinking and drugs.

Make the Most  
of Your Student  
Life @EUC!

## THURSDAY 22 SEPTEMBER

### Technology at European University Cyprus – Develop Your Digital Skills

09:00 – 09:30

Venue: Cultural Center (North Building, 1st floor)

Find out about the StartUp Center powered by Microsoft, the Computer Center, digitally enhanced learning technologies and your online student portal to see how the advanced technological infrastructure at EUC will connect you to others and add value to your learning experience.

**STARTUP CENTER**  
POWERED BY  Microsoft

### EUC Social Media and App

09:30 - 09:40

Venue: Cultural Center (North Building, 1st floor)

Learn about all of the EUC social media channels and apps to keep connected to your university, collaborate with your classmates and find out what's going on at EUC.



Stay connected with the official EUC mobile app



### Library and Research

09:40 – 10:20

Venue: Library (South Building, 2nd floor)

Find out about the EUC library resources and 24/7 online databases for your research and assignments.



### Break

10:20 – 11:00

Venue: Cafeteria (West Block Building, ground floor)

Get to know Bolt Cyprus and urban mobility!



### And What Now?

11:00 – 11:30

Venue: Cultural Center  
(North Building, 1st floor)



Ms. Christiana Christofi, Chief Executive Officer, Human Assets, will share with you tips on how you can build your network, envision your future and achieve success.

### How to be Mentally Resilient

11:30 – 12:15

Venue: Cultural Center (North Building, 1st floor)

Learn practical ways to cope with and adapt to challenges and build mental and emotional flexibility to grow.

### The Future of Work

12:15 – 12:45

Venue: Cultural Center  
(North Building, 1st floor)



Dr. Nikos Drosos, Assistant Professor in Career Guidance and Counselling, addresses some key questions regarding the future world of work:

1. What skills and competencies do employers look for when hiring new employees? How can you develop them—now and in ten years' time?
2. What are the new trends in the world of work and what impact has the pandemic had on the workplace?

Dr. Drosos will emphasize the necessity of soft skills development in the scope of the pandemic's effects—all based on the most recent research.

### EUC Alumni Back on Campus - Sharing Experiences

12:45 - 13:30

Venue: Cultural Center (North Building, 1st floor)

Join us for a discussion with EUC graduates who discuss the benefits they gained from using OSA and other vital services.



European University Cyprus  
Alumni Association



**FRIDAY 23 SEPTEMBER**

- EUC Fun Day
- Registration To Student Clubs
- EUC Shop

**17:00 – 23:00**

Venue: Staff Parking Area (Next to the Cafeteria)

**Program**

- Join us for a fun day on campus with games ranging from human foosball, a yoga session, a dance demonstration and lesson, a stencil-making workshop, a caricature drawing lesson and a live painting demonstration.
- Register for student clubs
- Get your EUC branded items from the EUC shop
- Enjoy a barbeque and drinks for everyone
- Music Entertainment with DJ Unknown from MIX FM
- Win gifts and many more surprises



**WEDNESDAY 28 SEPTEMBER**

**Picnic Day at Mantra tou Kampiou**

**10:00 – 16:00**

Join us on a relaxing day out at the beautiful picnic area of Mantra tou Kampiou. Take part in a variety of activities, games and walking in nature. Free picnic food and drinks will be offered to everyone.





Make the Most  
of Your Student  
Life @EUC!

## FRIDAY 30 SEPTEMBER

### Get to Know Cyprus (Virtual Tour)

18:00



EUC students and alumni give you a tour of the beautiful spots of Cyprus and the treasures that await you all over this Mediterranean island paradise.



## WEDNESDAY 5 OCTOBER

### UNIFEST by Student Life

11:00 – 15:00

Venue: Staff Parking Area (Next to the Cafeteria)

Companies from various industries will organize: various interactive games and other fun activities for students with prizes and other giveaways.



A vertical photograph of a person rock climbing a steep, textured rock face. The climber is silhouetted against a bright sunset sky, with ropes visible. The scene is framed by several overlapping, semi-transparent orange and white geometric shapes on the right side. A white text box is positioned in the lower-left quadrant.

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of Your Student  
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