



European
University Cyprus

School of
Dentistry

Dentistry Student Orientation 2023

Events & Schedule

19-29 September 2023

FOR NEW AND TRANSFER DENTAL STUDENTS & THEIR FAMILIES



Welcome to the EUC School of Dentistry

Dental Student Orientation is an important part of a successful transition to the Bachelor of Dental Surgery (BDS) program. Dental Student Orientation is an essential component for success as a student at the European University Cyprus and will provide with information vital to matriculation.

The program will set the tone for the students' academic career and highlight expectations. The School of Dentistry's Orientation Program is designed for incoming first year and transfer students.

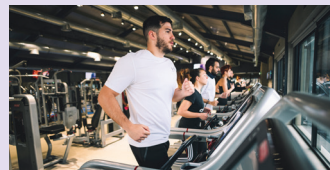

Dentistry Students Orientation

Events & Schedule 2023

TUESDAY, SEPTEMBER 19, 2023 - FOR ALL NEW STUDENTS

| EUC Cultural Center | WELCOME TO EUC |
|------------------------------|---|
| 9:00-9:30 | Welcome from the Director of the Office of Student Affairs Ms. Eleni Markantoni, Director of the Office of Student Affairs (OSA), welcomes you to the EUC family and highlights the services and resources that will help you make the most of this new chapter in your life. |
| 9:30-9:40 | University Rector's Welcome University Rector, Professor Andreas Efstathiou, welcomes you to one of the leading and most dynamic universities in Cyprus and the region. The Rector will give a big-picture view of the university and its achievements and outline the benefits of becoming part of this vibrant, diverse and inclusive community. Learn how your studies at EUC will equip you with the skills, knowledge and experience to compete in today's international market and workplace where research, innovation and analytical thinking are critical. |
| 9:40-9:50 | Welcome from the Vice Rector of Academic Affairs Professor Loizos Symeou, Vice Rector of Academic Affairs, will present the strengths that EUC offers you in its educational processes and student support services through your School, Department and program. You will learn more about the academic practices that add value to your learning experience at EUC and how these positively differentiate your EUC academic experience from other universities in Cyprus and the region. |
| Cultural Center Lobby | READY, SET, GO! |
| 9:50-11:15 | It's Time to Start Making Uni Friends! University means a new beginning and forming new friendships. In this workshop, you will get to know your fellow students through interactive and fun activities! |
| 11:15-11:45 EUC Cafeteria | Break Enjoy a musical and dance program. Snacks and drinks will be offered to everyone! |



| EUC Cultural Center | #UNI PATH TO THRIVE |
|---------------------|---|
| 11:45-12:15 | Career Center – Take Charge of Your Future |
| 12:15-12:45 | Be Part of Our World: Discover Student Life |
| 12:45-12:55 | Get to Know Your Student Union |
| 12:55-13:05 | GO EUC! Athletics at European University Cyprus |
| 13:05-13:30 | Get Fit @ New Life Health Centre for EUC Students   |

WEDNESDAY, SEPTEMBER 20, 2023 - FOR ALL NEW STUDENTS

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| 09:10-09:20 EUC Cultural Center | ERASMUS+ Information Learn from the EUC Erasmus Office about all of the exciting student exchange opportunities in Europe. |
| 11:30-12:30 Starting Point EUC Cafeteria | Campus Tour Student assistants will give you a tour of campus facilities. |
| 12:30-13:15 EUC Campus | Selfie Scavenger Hunt Find locations around campus, take selfies and get the chance to win a prize. |

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THURSDAY, SEPTEMBER 21, 2023 - FOR ALL NEW STUDENTS

| EUC Cultural Center | |
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| 9:00-9:30 | Technology at European University Cyprus – Develop Your Digital Skills Find out about the StartUp Center powered by Microsoft, the Computer Center, digitally enhanced learning technologies and your online student portal to see how the advanced technological infrastructure at EUC will connect you to others and add value to your learning experience. |
| 9:30-9:40 | EUC Social Media and App Learn about all of the EUC social media channels and apps to keep connected to your university, collaborate with your classmates and find out what is going on at EUC. |
| 9:40-10:00 | Succeeding Against All Odds Ms Angela Panayiotou, Inspirational Speaker and Innovation Advisor, will share her experiences in succeeding with small and big goals in life no matter the difficulties, and inspire you to work around them, to get from anonymity to recognition for what you do. |
| 10:00-11:00 | Going Digital in a Digital World? In the “Going Digital” workshop, you will not only explore the world of digital transformation, but you will also be provided with practical tools and applications to improve your digital profile, ultimately saving time, increasing productivity, and enhancing your overall well-being. Throughout this workshop, Ms. Andrie Penta, Master Trainer and Mr. Apostolos Palaskas, Director & Master Trainer of Door Training & Consultancy company, will give tips on empowering you with the necessary skills and knowledge to help you thrive in the Digital Era and the increasingly digitalized world. |
| 11:00 - 11:40 EUC Cafeteria | Break Ice Cream Social time! Enjoy a refreshing ice cream along with your new friends! |
| 11:40-12:40 | Going Digital in a Digital World? (Continue) |
| 12:40-13:10 | EUC Graduates Back on Campus – Sharing Experiences Join us for a discussion with EUC graduates who discuss with you the benefits they gained from using OSA and other vital services, as well as what they would have done differently to make the most of their student life. |
| 13:10-13:45 EUC Library | Library and Research Find out about the EUC library resources and 24/7 online databases for your research and assignments. |

MONDAY, SEPTEMBER 25, 2023 - FOR ALL NEW STUDENTS

| EUC Cultural Center | |
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| 9:00-9:15 | Student Wellness Part 1: Find out how you are supported and empowered by the Center of Applied Psychology and Personal Development (KEPSYPA) services. Part 2: Learn how the EUC Committee for Students with Special Educational Needs can support you during your studies. |
| 9:15-9:35 | Easy Tips: How to Study Effectively Gain useful tips and methods to help you achieve the best possible academic results and a lifetime love of learning and knowledge. |
| 9:35-10:25 | Anxiety and Stress: How to Cope with my Feelings This seminar will get you familiarize with how to recognize and be aware of your anxiety and stress in four different levels (thoughts, emotions, behaviors, psychosomatic symptoms), but also how to effectively deal with stressful situations |
| 10:25-10:55 | Eat Smart to Improve your Academic Performance Dr. Elena Hadjibei, Lecturer and Coordinator of the Nutrition and Dietetics program, will present smart ways you can eat to sharpen your brain, boost your memory and learning ability, thus improving academic performance. |
| 10:55-11:35 | Break Enjoy healthy energy snacks prepared by senior Clinical Dietician and Nutrition Program students. Make friends while playing “Food for Thought” nutrition-related games! |
| 11:35-12:20 | How to be Mentally Resilient Learn practical ways to cope with, adapt to challenges, and build mental and emotional flexibility to grow. Find out your inner strengths through an interactive virtual quiz. |
| 12:20-13:40 | Workshop for Road Safety - Zero Road Fatalities... Our Goal! The aim of the Presentation is to reflect and raise public awareness of road safety issues. Road safety is everyone's responsibility! Presentation by Police Officer and sharing of experiences by Ms. Lena Katelari, President of Mavrikios Foundation. If you wish, you will be able to wear simulation glasses to experience how one's driving is impaired by drinking and drugs and the use of bikes. Finally, you will have the chance to see a demonstration on the use of a police motorbike from a Police Officer and then get the chance to also try out some of its functions. |

Dentistry Student Orientation

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Wednesday, September 27, 2023 - FOR DENTISTRY STUDENTS

| EUC CULTURAL CENTER | FOUNDATIONS OF STUDYING DENTISTRY AT EUROPEAN UNIVERSITY CYPRUS |
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| 11:30 - 12:00 | Welcome – The Bachelor of Dental Surgery (BDS) Program: An Introduction and Overview Athanasios E. Athanasiou, Professor of Orthodontics; Acting Dean, School of Dentistry |
| 12:00 - 12:30 | The BDS Program Curriculum Katerina Kavvadia, Professor of Pediatric Dentistry; Program Coordinator, Department of Dentistry |
| 12:30 - 13:00 | Objectives, Goals and Operation of the BDS Program Konstantinos Giannakopoulos, Assistant Professor of Operative Dentistry; Acting Chair, Department of Dentistry |
| 13:00 - 13:30 | Questions & Answers |
| 13:30 - 14:00 | Group Photo |

TUESDAY, SEPTEMBER 26, 2023 - FOR ALL NEW STUDENTS

10:00 - 17:30

Picnic Day

Join us on a relaxing day out
at the beautiful Platania picnic site

Platania picnic site, situated in one of the most beautiful locations in the Troodos mountains. Take part in a variety of fun activities and board games. Free picnic food and drinks will be offered to everyone. Additionally, you will have the chance to see and admire the Cyprus mouflon, a unique rare mammal that is found only in Cyprus through an easy and circular walk, starting just opposite the Platania picnic site where there is a mouflon sanctuary.

For more information & registration: 22713185 / A.Georgiadou@euc.ac.cy
Ms. Angela Georgiadou, Office of Student Affairs

Thursday, September 28, 2023 - FOR DENTISTRY STUDENTS

| EUC CULTURAL CENTER | |
|---------------------|--|
| 16:00 - 16:20 | Introduction to the Greek Language Platform: Learning Greek to work with your patients in clinical training [FOR INTERNATIONAL STUDENTS] Charis Xinari, Associate Professor of Critical and Cultural Theory; Acting Chair, Department of Humanities, School of Humanities, Social and Education Sciences |
| 16:20 - 17:30 | <ul style="list-style-type: none"> - Registration Process - How to create an Email Account / Visa Support - Access to Blackboard - Standards of Academic & Professional Conduct - Attendance PASS / Print - Yellow slip for EU Nationals - Pink slip for non-EU Nationals - Library Resources <p>Ms Maria Zalti, Student Advisor Ms Christina Kolatsi, Student Advisor Ms Ourania Manousaridou, Student Advisor Ms Maria Panayiotou, Librarian</p> |

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FRIDAY, 29 SEPTEMBER, 2023 - FOR ALL NEW STUDENTS

Staff Parking Lot and
Cafeteria

EUC FUN DAY

17:00-23:30

- Join us for a fun day on campus with games ranging from human foosball, basketball, and shooting
- Register for student clubs, meet club representatives, enjoy various sessions/ games, shows and demonstrations from Student Clubs and International Student Associations ranging from a yoga lesson, open chess game, Robotics' demonstration and programming session, African Show, dance show and lesson etc.
- Buy your EUC branded items from the EUC shop
- Enjoy a barbeque and drinks for everyone
- Listen and dance with musical entertainment with DJ
- Win gifts and many more surprises



SATURDAY, 21 OCTOBER 2023, 9:15-15:00 - FOR ALL NEW STUDENTS

Guided Tour of Nicosia | Save the DATE |

Come and explore the hidden gems of Nicosia!

For more information & registration: 22713185 / A.Georgiadou@euc.ac.cy
Ms. Angela Georgiadou, Office of Student Affairs

**NICOSIA**
The brightest capital of Europe
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